

LUNCH

LUNCH SERVED DAILY FROM 11:00AM

WE SERVE OCEAN FRIENDLY SEAFOOD FROM SUSTAINABLE SOURCES, HARVESTED BY METHODS THAT DO NOT HARM THE ENVIRONMENT

APPETIZERS & SIDES

COCONUT PRAWNS		BOWL OF HOMEMADE SOUP	5.50
<i>With mango sweet & sour sauce</i>	8.95	BOWL OF CHILI with cheddar cheese & onions	6.50
FRIED CALAMARI		BLACK BEANS & RICE	6.50
<i>With cocktail sauce & lemon</i>	7.95	MASHED POTATOES & GRAVY	4.00
DIPSEA ONION RINGS		SAUTEED MIXED VEGETABLES	5.50
<i>With ranch dipping sauce</i>	5.50	FRENCH FRIES	3.50
BBQ PULLED PORK QUESADILLA		POTATO SALAD	3.50
<i>With tomatillo-avocado sauce & sour cream</i>	8.50	PINEAPPLE COLESLAW	3.50

SALADS

NICOISE SALAD Ahi tuna grilled medium rare, on mixed greens with red potatoes, artichokes, beets, hard boiled egg, Kalamata olives, anchovies and seasonal mixed vegetables	14.95
COBB SALAD grilled chicken, diced bacon, blue cheese, hard boiled egg, avocado and balsamic red onions on romaine lettuce	12.95
JUMBLED VEGETABLE SALAD romaine and mixed greens, tossed with marinated seasonal vegetables, avocado, tomatoes, cucumbers, beets, potatoes, artichokes, olives, balsamic onions, and balsamic vinaigrette	11.95
BABY SPINACH SALAD with bacon, hard boiled egg, beets, tomatoes, marinated mushrooms, goat cheese and candied pecans	11.95
GREEK SALAD Feta cheese, Kalamata olives, tomatoes, cucumbers and romaine lettuce, tossed with olive oil & vinegar	11.95
CHINESE CHICKEN SALAD with three kinds of cabbage, shredded romaine, crispy rice noodles, sliced almonds and Hoisin vinaigrette	12.95
BBQ CHICKEN FIESTA SALAD romaine lettuce, bbq chicken, black beans, corn, tomatoes, tortilla chips, avocado, jack & cheddar cheese	12.95
CAESAR SALAD 9.95 with GRILLED CHICKEN or FRIED CALAMARI	12.95
HOUSE SALAD mixed greens with tomatoes, cucumbers, mushrooms and red onions	7.95

CHOICE OF DRESSINGS: BLUE CHEESE, BALSAMIC VINAIGRETTE, RANCH OR THOUSAND ISLAND

MAIN DISHES

ALASKAN WILD SALMON SCALLOPINE

Sautéed salmon filet, with garlic, wine and butter, served with organic brown rice and vegetables
19.95

CHICKEN FRIED STEAK All natural Steak, breaded and fried with country gravy, mashed potatoes and vegetables	14.95
ROAST TURKEY PLATTER Slow roasted all natural turkey, served with mashed potatoes, gravy, vegetables and cranberry sauce	13.95
JAMBALAYA with RICE prawns, chicken & Andouille sausage sautéed with garlic, peppers, onions, chili flakes & tomato sauce	14.95
ANGEL HAIR PASTA with GRILLED CHICKEN BREAST tossed with mushrooms, artichokes & pesto cream sauce	13.95

SANDWICHES

SERVED WITH YOUR CHOICE OF ONE OF THE FOLLOWING: FRENCH FRIES, SOUP, SALAD, COLESLAW OR POTATO SALAD
EXTRAS: Bacon 1.75 Sautéed Mushrooms 1.50 Blue Cheese 1.50

DIPSEA BURGER

Half pound of 100% all natural fresh corn fed Midwest beef
Served on a sesame bun, with lettuce, tomato & red onion 10.95 with choice of cheese 11.95

TURKEY BURGER with lettuce, tomato and red onion 9.95 with choice of cheese 10.95
FALAFEL BURGER Homemade falafel on a sesame seed bun with tahini salsa, fresh mozzarella and lettuce 10.95
GRILLED CHICKEN BREAST on a rosemary roll, with honey-mustard aioli, Japanese cabbage, tomato and Havarti cheese 11.95
GRILLED VEGETABLE on a rosemary roll, with pesto, eggplant, zucchini, portabellas, roasted peppers, spinach and Gouda cheese 11.95
GYROS with Greek salad or choice of one of the above side dishes OR VEGGIE GYROS eggplant, zucchini, portabellas & peppers 11.95
FRENCH DIP on a sourdough baguette, with Au Jus and horseradish sour cream 11.95
GRILLED HAM & GOUDA on sourdough bread, with baby spinach and caramelized onions 11.95
REUBEN home cooked corned beef on grilled rye, with sauerkraut, Swiss cheese and Thousand island dressing 10.95
BBQ PULLED PORK SANDWICH on a ciabatta roll, with coleslaw & our own barbecue sauce 10.95
PATTY MELT hamburger patty on grilled rye, with grilled onions and Swiss cheese 11.95
TUNA MELT white albacore tuna and Cheddar cheese on grilled sourdough 10.95
TURKEY MELT on sliced sourdough, with avocado, tomato, grilled onions and Cheddar cheese 11.95
B.L.T. served on toasted whole wheat bread 10.95
CLUB roasted turkey, bacon, lettuce and tomato on a triple decker toasted whole wheat bread 11.95
TUNA SALAD SANDWICH with lettuce and tomato on whole wheat bread 10.95 HALF SANDWICH 8.95
ROAST TURKEY BREAST on sliced sourdough, with lettuce, tomato, avocado, red onion and Havarti cheese 11.95

WE RESERVE THE RIGHT TO REFUSE SERVICE TO ANYONE.

WE ARE NOT RESPONSIBLE FOR LOST OR STOLEN ITEMS. NO PERSONAL CHECKS, PLEASE.

18% GRATUITY WILL BE ADDED TO PARTIES OF EIGHT OR MORE. \$5.00 MINIMUM PER PERSON.

\$10.00 CORKAGE CHARGE AND \$10.00 CAKEAGE CHARGE. SALES TAX WILL BE ADDED TO ALL PRICES.

ADDITIONAL \$1.00 CHARGE FOR ALL SUBSTITUTIONS. ADDITIONAL \$2.00 CHARGE FOR SPLIT ITEMS.